



NIRMALA COLLEGE

A Unit of The Diocese of Ujjain (Reg. No. 3483)
Recognized by Deptt. of Higher Education, M.P., & Affiliated to Vikram University, Ujjain

1329 'A' / Admin / 2026 / NCU

Date: 07.07.26

CONSTITUTION OF MENTAL HEALTH AND WELL-BEING COMMITTEE

Academic Year: 2026-27

The Mental Health and Well-Being Committee of Nirmala College, Ujjain is hereby constituted for the Academic Year 2026-27 to promote mental health awareness, emotional well-being, a supportive academic environment and appropriate guidance and referral support for students and staff.

S. No.	COMMITTEE MEMBER	DESIGNATION	ROLE
1.	Fr. Dr. Antony Josphe Nirappel	Director	Chairperson (Clinical Psychologist)
2.	Prof. (Dr.) Kirti Diddi	Principal	Member
3.	Dr. Rashmi Pandya	Associate Professor	Member
4.	Dr. Sushil Kumar	Assistant Professor	Nodal Officer
5.	Ms. Yukti Jain	Assistant Professor	Member (College Counsellor)


PRINCIPAL
NIRMALA COLLEGE
UJJAIN (M.P.) 456664